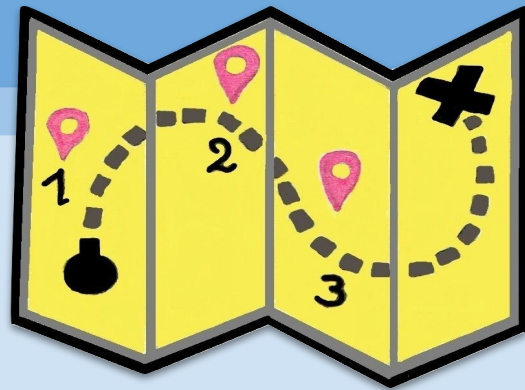


organiseren
orde houden
opruimen



plannen
volgorde bepalen
keuzes maken



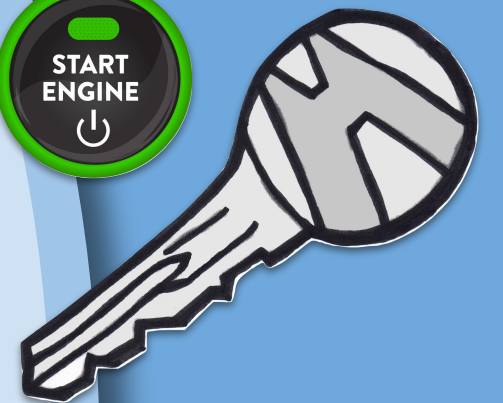
rekening houden
met de tijd



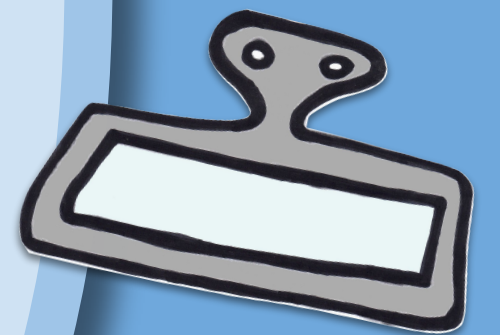
onthouden



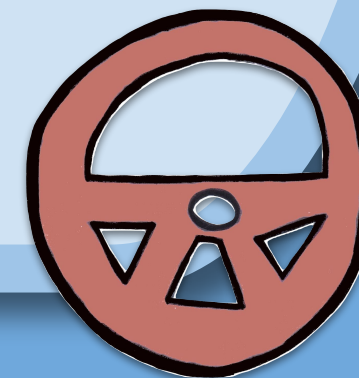
starten
beginnen



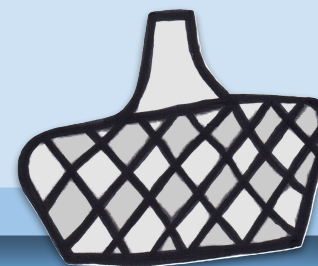
reflecteren
denken over
leren



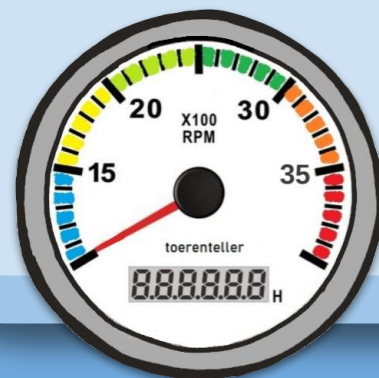
bijsturen
flexibel zijn
afstemmen



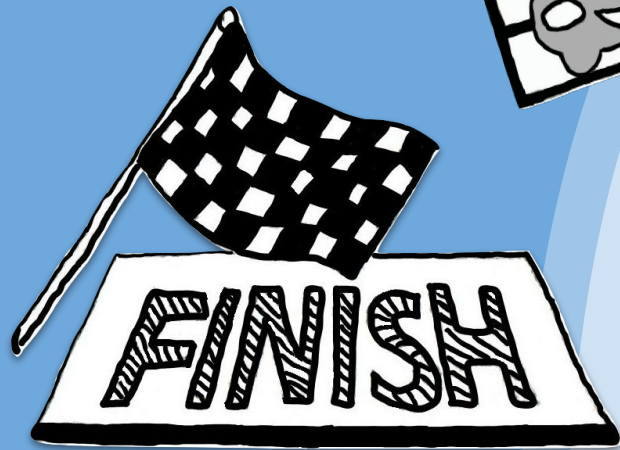
stoppen
jezelf inhouden
denken voor je doet



gevoelens onder
controle



doorzetten
volhouden
je doel bereiken



concentreren
focussen
aandachtig zijn

